WCC Racing

New Member Guide

Introducing WCC Racing.

Firstly, let me welcome you to the WCC Racing family, its great to have you as part of the squad.

WCC is a club with a dedicated Social and Racing presence on Zwift. We pride ourselves in being all inclusive and will always strive to help and encourage all riders, whatever their ability. We have a growing number of racing teams that help develop new riders and encourage them to move up through the ranks as they become more confident. we also have faster more established teams for the riders who want to ride more competitively.

A majority of our teams focus on riding Team Time Trial every Thursday but we also have a presence in other racing series which take place throughout the week.
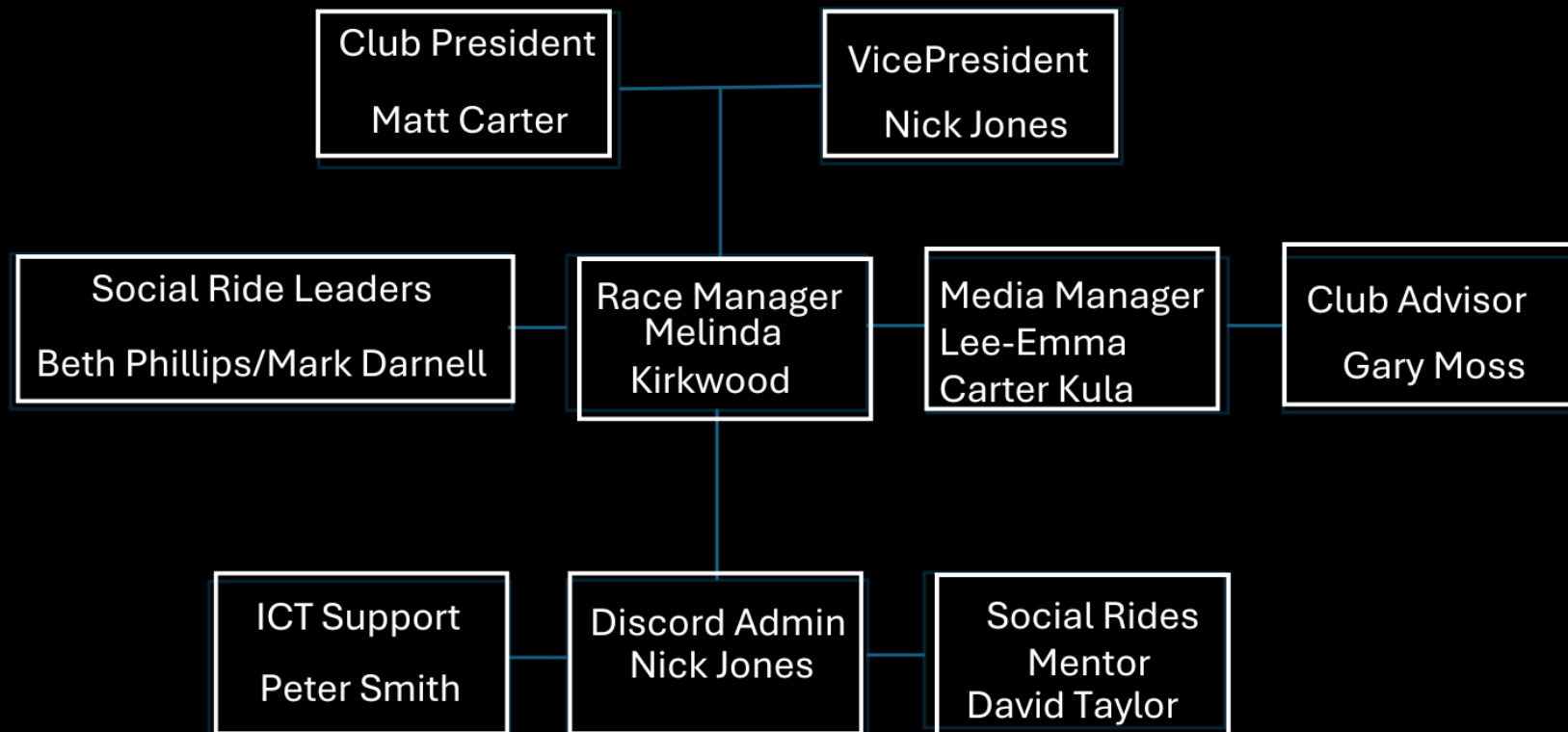
Whatever your ability WCC will have a place for you on the racing side and the social side of the club, either way the aim is to have fun and enjoy riding alongside like minded people.

Most of all, enjoy!!! RIDE ON!!!

Matthew Carter (WCC President)

Wobble Cycle Club Organisational Chart

Club President

Matt Carter

VicePresident

Nick Jones

Social Ride Leaders

Beth Phillips/Mark Darnell

Race Manager
Melinda
Kirkwood

Media Manager
Lee-Emma
Carter Kula

Club Advisor

Gary Moss

ICT Support

Peter Smith

Discord Admin
Nick Jones

Social Rides
Mentor
David Taylor

Don't worry.......

Joining an established group can always be a bit daunting.

All members of this squad were new at some point, and we all remember it well!

If you need support, just shout up, we are always happy to help.

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CYCLE CLUB

Getting Started Checklist ✔

There is no denying that getting set up for the first time is a bit of a laborious process!!!!!

This pack is designed to walk you through the process step by step but if you have any problems please ask for help on the zone messenger group. One of the team will be happy to help.

☐ Get your Zwift ID number. You do this by following this:- https://support.zwift.com/en_us/locating-your-zwift-id-H1WiyxS_1

☐ Make a Zwift Power account. https://zwiftpower.com/

☐ Register as a WCC Member on Zwift Power. Go into Teams and search Wobble Cycle Club. We are owned by Matthew Carter

☐ Register to WTRL page. https://www.wtrl.racing/

☐ If using mobile/iPad/Tablet - download the Zwift Companion & Discord Apps

☐ Register on the WCC Discord and join the Wobble server – Please ask your team captain to send the link to you.

☐ Register as a Member of 'Wobble Cycle Club (WCC) both on our face book page and on Zwift Companion

☐ Edit your name on Zwift to add the WCC tag. Example 'Joe Bloggs (WCC)'

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Communication Tools

Discord is the communication platform for all things racing. Each team has its own text chat used for pre/post race team communication. Look here for sign up forms, race passes and team tactics, such as bike selection.

Discord also has a voice channel which is used to communicate during Team Time Trials. In-race chat helps us all learn racing skills and is part of the fun. We encourage all riders to use Discord Chat however it is not mandatory.

The zone messenger group is aimed more at the social side of things. All of the zone teams come together here so you can always find someone able to offer help/advice, a bit of banter and most importantly encouragement and support.

You will also find other important topics such as socks, pets, beer and food being discussed on a regular basis!

Team Time Trial Explained......

When	Every Thursday

Sign Up A signup link will be published on either your team Discord text chat or on your messenger group, usually on a Friday. Click the link and it will take you to the club sign up form (instructions on completing this for the first time can be found on the next page).

Once all riders in the squad have registered availability (usually Tuesday) the teams will be selected and Race Passes will be issued in your team chat. Click on the racepass of your team and this will take you to the WTRL website. Once you log in and click the race pass button for your team you are ready to go! The race should appear in the Companion App under the 'Events' section.

Race Day On race day login to Zwift 15-20 mins before the start of the race for a warm up. Once riding (any route) a countdown clock will appear in the bottom left of your screen. Click the link to join the race at least 5 mins before the start.

Don't forget to choose the right bike (nearly always a TT bike!), ensure you are wearing your team kit & log in to the team Discord Voice Channel.

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french nick 25/07/2022
Thursday 28-Jul-2022 Team Time Trial
#171 WATOPIA   Volcano Flat 37.55 km / 23.33 miles

Next week is flatter which means just has hard. Sign up to what I consider the best team event on Zwift.

Link: https://forms.gle/SE4gormKrzADBps99

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french nick 26/07/2022
Krafty Komodo's

Captain @Chris Pascoe
@Eric Jackson
@Darren Scott
@Juergen Ch
@me
@Atle Berglund Ager
Racepass

https://www.wtrl.racing/RacePass/
TIA4Z2kzOEdidTVwQTc2ZGZTV2JJS3VyZVNZNxL
QXF0T2E2b25PWHowQT0=

Sign Up Form Explained......

Click 'Next' on the opening screen.

Insert your Name.

Confirm you have set up your WTRL Account (See link on page 6 of this pack)

Confirm you have set up your Zwift Power Account (See link on page 6 of this pack).

Insert your Facebook URL.

Confirm Availability

Click 'Next'

Select 'New Member'

Click 'Next'

Select 'Zone 8'

Click 'Next'

Insert your FTP (you will see instructions on how to get this on the screen)

Insert your weigh in KG's

Select Gender

Click Next

Click 'Confirm'

Explained……

Discord (logo)

Discord has two functions which WCC race teams use.
- Text Chat. Used for all racing administration such as Sign Up Links, Race Passes & Team Tactics
- Voice Chat. Used by teams during races so riders can communicate and also used during some social rides

Register on the WCC Discord and join the Wobble server here https://discord.gg/KuBbHzMu

Once you have selected WCC from the main screen you will see a selection of channels.

Text Channels used for admin have this symbol – wcc-krafty-komodos

Voice Channels used for racing have this symbol – WCC Krafty Komodos

Scroll down until you find the one for your allocated team.
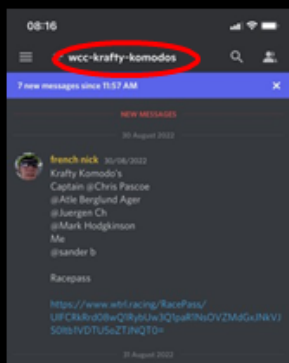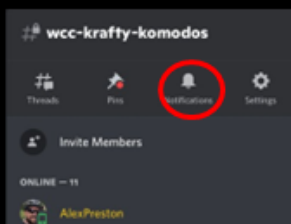

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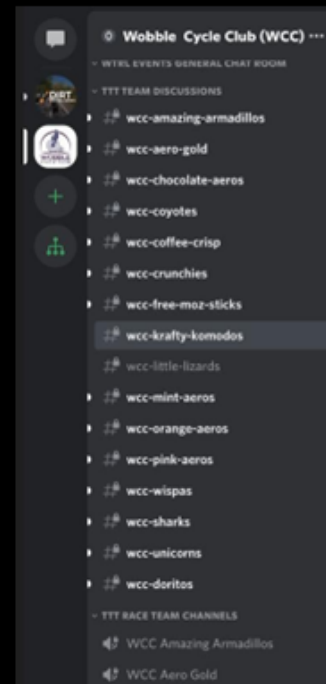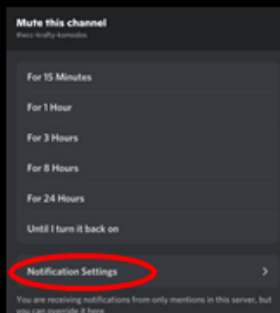
Discord — Enabling Notifications

It is recommended that you enable discord notifications so you are aware when team information has been posted. Here's how.............

Go into your Team Text Channel on the Discord App and click on the team name at the top

Once in the menu select 'Notifications'
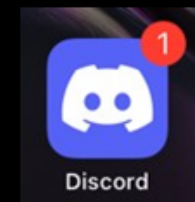
Select 'Notification Settings'
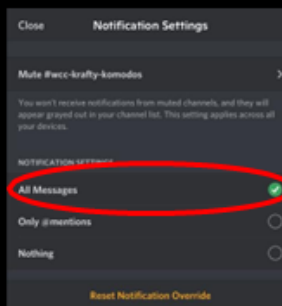
Select 'All Messages'

Once enabled you should receive banner notifications on your phone when someone posts a message in the team chat (see above). You will also get a notification on your app icon (See below).

If not you may need to adjust your phones app settings for the Discord App.

Glossary Of Terms/Abbreviations

ADZ	Alp Du Zwift. The highest peak in Zwift 10km of uphill pain!!!!
Blob	When a TT team rides in a compact group 'blob' rather than a straight line formation.
Coffee Classes	TTT's are raced in Coffee Classes so teams race against those of a similar standard. Details can be fond at the bottom of this page.
Companion	The App which links to Zwift. This gives you access to the WCC Club Events along with all other races/events on Zwift.
DIRT	DIRT is a Zwift club, similar to Wobble. They run a Tuesday race series where WCC has a number of teams.
Draft	The aero benefit when you sit behind another rider in Zwift. You will soon learn Draft is your best friend!
Drops	Rewards you get for every meter you cycle, spend them in the drop shop to get better/faster bikes and wheels!
Everest Challenge	Register for this ASAP and start climbing those meters!
HRM	Heart Rate Monitor.
Paceline	When a TT team rides in a straight line formation rather than a compact group. This is the best way to maximise the draft effect.
TTT	Team Time Trial.
TT Bike	Time Trial Bike (you will usually race with the whole team using TT Bikes).
Tron	The bike you are awarded after completing the Everest Challenge (50,000m of vertical climbing)
WCC	Wobble Cycle Club.
WSS	Wobble Sprint Series. WCC's Saturday Sprint Race Series.
WTRL	Zwift's main race series organiser.
ZP	Zwift Power.
ZRL	Zwift Racing League. A Tuesday race series. WCC has a number of teams.
Zwift Insider	Useful website giving insight into all things Zwift https://zwiftinsider.com/

WCC Code of Conduct

WOBBLE CYCLE CLUB is fully committed to safeguarding and promoting the well-being of all its members, ensuring a positive and enjoyable experience for all. The club believes that it is important that members, coaches, administrators, and parents associated with the club should, always, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be always open and to share any concerns or complaints that they may have about any aspect of the club any member of the admin team or our Welfare officer, Claire Rouse

As a member of Wobble Cycle Club, you are expected to abide by the following code of practice:

- All members must take responsibility in ensuring they are up to date with the rules, understand and adhere to them.
- All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs, or sexual identity.
- Members should recognise the valuable contribution made by coaches and officials who are usually volunteers. They give their time and resources to provide netball for you.
- All members must respect officials and publicly accept their decisions.
- All members should be a positive role model, treat other players and officials with the same level of respect you would expect to be shown to you.
- Use correct and proper language at all times especially online and on discord. Please remember that we may have some younger members in the club and others may find it offensive
- Members must make sure that their avatar is wearing the appropriate team kit as agreed with the club admin.
- Online Bullying of any sort will not be tolerated. Anyone found to be using this clubs online/ Internet presence to cause harm, mental abuse etc to others will be removed from immediate effect
- Bullying of any sort will not be tolerated. Encourage everyone to enjoy sport and understand that people have different motivations for taking part.